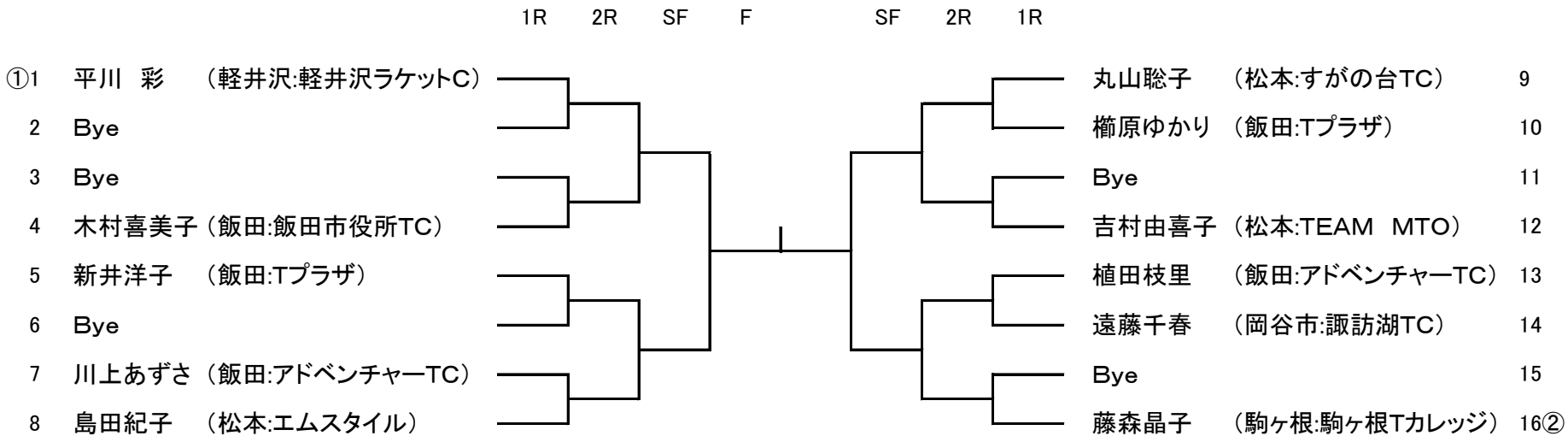第45回長野県伊那大会　女子S　＜11＞